

Fitness-For-Duty Assessments Referral Indicators

	Workability Fitness Screen	Ergonomics	Workability Injury Assessment	Functional Capacities Evaluation	•
Injury Prevention	(Post-offer)	Safety Study	(WIA)	(FCE)	(IME)
Company has workers entering job categories (new hires, transfers, recalls from extended layoff) that have musculoskeletal risk factors or increased incidents of musculoskeletal disorders	~				
Changes in equipment (purchase or design) or production process result in musculoskeletal concerns or possible safety issue		٧			
Applicant or worker requests accommodation to perform essential job functions		V			
Increased incidence of work-related musculoskeletal claims		>			
Early Intervention (Acute or Sub-acute Recovery Phase)					
Worker alleges that musculoskeletal symptoms are job-related			V		
Company needs more information to evaluate requested claims allowances or work restrictions			V		
Worker alleges safety concerns or difficulty performing transitional work duties			V		
Worker is not working, but is not participating in therapy, confined to bed, or scheduled for surgery			V		
Worker has not progressed to transitional work assignment after the initial 10 therapy visits (under presumptive preauthorization)			V		
Worker released to full duty following 30 or more days of disability leave without objective workability assessment, active therapy, or transitional work progression			>		
Medical Management (Chronic Phase of Recovery)					
Worker has not progressed to full duty after 20 therapy visits				٧	
Worker has not made significant progress after 30 days of transitional work activities				>	
Worker has not progressed to full duty after 60 days of transitional work assignment				>	
Worker has reached Maximum Medical Improvement (MMI) and requires permanent restrictions for safe job placement				>	
Worker requests non-working wage loss benefits				V	
Worker with complicated health history is referred for vocational rehabilitation or pain management without an objective baseline of functional capacities				V	
Physician refuses referral request for Functional Capacities Evaluation (FCE) or transitional work therapy with preferred provider					~
Physician's functional restrictions and treatment requests appear inappropriate based on established claims allowances					~
Worker has not made any significant functional progress after 60 days of conservative treatment, including active therapy					~
Claimant applies for permanent total disability benefits					~